# BUILDING DIALOGUE ACROSS POLITICAL DIFFERENCES: CLASSROOM STRATEGIES FOR ENGAGED LEARNING

Lowell Libby

Reanna Ursin

Geoff Wagg





## Workshop Purpose

Outline: core components

- Introduce & Practice: strategies
- Discuss: application and limits





## Workshop Process

- Full group presentations
- Small group dialogue
- Exercises in pairs
- Tap into the wisdom of your experiences
- Break around noon ET; end by 2:00pm ET





## Workshop Norms



#### **Waynflete Building Blocks of Dialogue**

**Care:** Engage with kindness and respect. Suspend judgment and assume good intentions. Respect privacy. Remember that you will never know another's story fully.

**Curiosity:** Get curious and listen empathically. Seek to learn and understand, not to persuade or even to agree. Remember that every person, including yourself, has a unique viewpoint that is both valuable and limited.

**Courage:** Allow yourself to be vulnerable. Speak bravely and trust in the value of your own experience and in the experiences of others. Be willing to be changed by the conversation. Maintain the courage to be curious and caring.

#### Others?





## Viewpoint Diversity: The Opportunity

"Viewpoint diversity exists when members of a group or community approach problems or questions from a range of perspectives. When a community is marked by intellectual humility, empathy, trust, and curiosity, viewpoint diversity gives rise to engaged and respectful debate, constructive disagreement, and shared progress toward truth."

Compendium of resources for high school educators, hederodoxacademy.org







#### The Viewpoint Diversity Challenge

INDIVIDUALLY: Take a few minutes to reflect on your last meaningful or significant argument. Write down phrases in response to the following questions:

- With whom were you arguing?
- What was the topic or issue?
- What were the feelings you would associate with that argument?
- Were you able to listen to the opposing side or not?
- Where did you finally land in the argument?
  - If you were able to change your perspective, what facilitated that shift or result?
  - If you dug in, why were you so invested in your position?



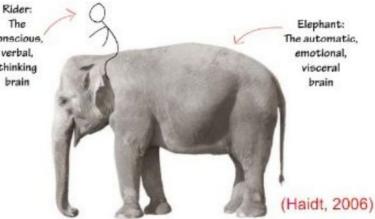
## One brain, two minds

Elephant = impulsive mind

The conscious. verbal. thinking brain

 Rider = Rational mind

Path = the environment





Willpower is the strength of the rider



#### The Human Approach to Arguments



**First Thought** 



**Second Thought** 





#### The Human Approach to Arguments



**First Thought** 



**Second Thought** 



**Third Thought** 





## Humanizing the "Other": Cultivating Empathy in the Classroom

Building empathy is a crucial but often overlooked step in creating the conditions for productive dialogue.











## **Narrative 4 Story Exchange**

#### **Prompt**

 Tell your partner a story about an experience of feeling judged in a way that made you feel limited OR a story about a time you formed a negative judgment of someone else that, in retrospect, you realize limited your understanding of them.

#### Preparation

- Where were you, who were you with, what happened?
- How did it make you feel, what was your thought process, how did you react?





## Dialogue Mindset



#### Waynflete Building Blocks of Dialogue

- **Care:** Engage with kindness and respect. Suspend judgment and assume good intentions. Respect privacy. Remember that you will never know another's story fully.
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- **Courage:** Allow yourself to be vulnerable. Speak bravely and trust in the value of your own experience and in the experiences of others. Be willing to be changed by the conversation. Maintain the courage to be curious and caring.
- Others?





## Building Empathy: Alternative Strategies

#### Free-Write: non-stop, no editing, whatever comes to mind

- What other strategies have you used to develop empathy, humanize the "other," and cultivate curiosity about people with different viewpoints?
  - Alternative: obstacles, questions, concerns about incorporating empathy-building in your specific role or in your campus environment





# Beyond Empathy: Cultivating Dialogue as a Keystone Habit

According to Dr. Brion-Meisels, success in developing a habit of dialogue depends on:

- Modeling by adults
- Direct instruction
- Ample opportunities to practice



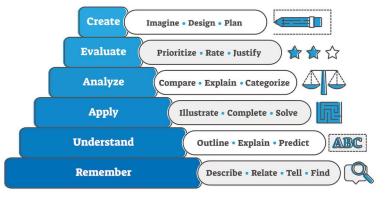


## MODELING





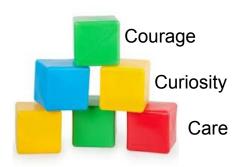
#### **BLOOM'S TAXONOMY**







#### DIRECT INSTRUCTION



Building Blocks of Dialogue





**Adaptable Dialogue Protocol** 







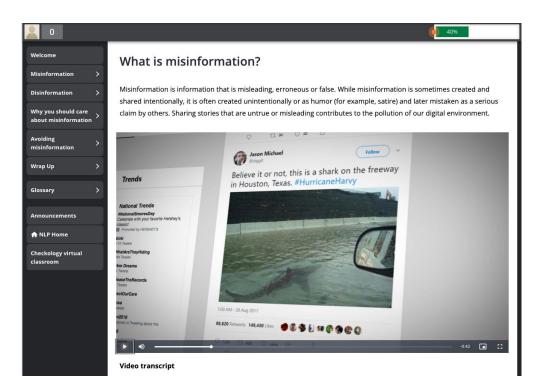
#### PRACTICE



Don't be fooled by media bias & misinformation.











Symphony (The Civic Network)



## Small Group Discussion

Your successes in getting students to their third thoughts:

- What was the topic?
- How do you know?
- Why did it happen?

What challenges and opportunities do you anticipate in creating dialogue as a keystone habit in your school and classrooms?





#### Next Steps



Thing you are/school is already doing that you can build upon to deepen dialogue



People with whom you want to discuss the workshop content



Biggest questions you have now





#### Thank You!

- Survey feedback form
- Workshop resources:
   MaloneSchoolsOnline.org



#### **Building Dialogue Across Political Differences:**

Strategies for Engaged Learning



